




## COMMUNITY INVESTMENT DEPARTMENT

Karen Bass, Mayor  
Abigail R. Marquez, General Manager

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**DATE:** July 1, 2026

**TO:** LA's Workforce Development System – YouthSource Centers

**FROM:** Gerardo Ruvalcaba, Assistant General Manager   
Workforce Development Division

**SUBJECT: WDS INFORMATION BULLETIN №. 27-01  
KEEP YOUR BENEFITS: CHANGES TO MEDI-CAL AND CAL-FRESH  
PROGRAMS**

### EFFECTIVE DATE

This information bulletin is effective upon the date of issuance.

### PURPOSE

The purpose of this information bulletin is to advise all City of Los Angeles (City) YouthSource Centers (YSC) and WorkSource Centers (WSC) of the KEEP YOUR BENEFITS: Changes to Medi-Cal and CalFresh Programs.

### BACKGROUND

The enactment of House Resolution (HR) 1 on July 4, 2025, and additional changes to State regulations, present significant policy changes that impact eligibility, reporting, and program requirements for both Medi-Cal and CalFresh programs. While some changes took effect beginning November 2025, additional policy changes will be implemented in 2026, 2027, and 2028.

Starting June 1, 2026, individuals who get CalFresh and are between the ages of 18-64, may need to meet [CalFresh work requirements](#) to keep their benefits longer than three months in a 36-month period, unless they are excused.

In response to these changes, the County of Los Angeles (County) Board of Supervisors directed the Department of Public Social Services (DPSS) to implement a campaign to inform and prepare DPSS customers and the public about the forthcoming changes and steps they can take to ensure they remain eligible to continue receiving their Medi-Cal and CalFresh benefits.

## DPSS MEDIA TOOLKIT

The “Keep Your Benefits: Changes to Medi-Cal and CalFresh Programs” Communications Toolkit addresses each of the changes occurring from **November 2025 through December 2026** and includes digital content for web, email, and social media.

- [Download the Keep Your Benefits Toolkit](#)
- [Download the CalFresh Assets](#)
- [Download the Medi-Cal Assets](#)

All content should be shared as soon as possible to ensure timely sharing and posting. The content in this toolkit is valid through December 31, 2026, unless otherwise specified.

## CONTRACTOR RESPONSIBILITIES

Contractors who work with families and older workers can help minimize potential disruptions caused by changes under HR 1 by strengthening outreach, benefit access, and supportive services. The following actions may help ensure these populations remain connected to essential resources and remain eligible for public benefits.

### Employment and Volunteer Opportunities

With new work requirements associated with maintaining eligibility for public benefits, contractors are encouraged to connect clients with employment and volunteer opportunities that support both income stability and continued eligibility for benefits.

### Childcare Options

Parents may face challenges meeting new employment and volunteer requirements due to limited childcare availability or work schedules. Contractors can help address these barriers by providing information and referrals to local Family Resource and Referral agencies that assist families in locating childcare providers, understanding available childcare options, and determining eligibility for child care subsidies.

### Expand Community Resource Referrals

Contractors are required to maintain strong partnerships with community organizations to support families and workers. Referrals may include housing or rental assistance, utility assistance programs, transportation services, caregiving support programs, and other local resources that help households maintain stability while meeting program requirements.

To learn more about the upcoming changes to [CalFresh](#) and [Medi-Cal](#) along with resources and helpful videos visit <https://dpss.lacounty.gov/en/keep-benefits.html>.

## CONTACT

For more information or questions about this toolkit, please contact Gabriela Gomez, Public Information Specialist at [GabrielaGomez@dpss.lacounty.gov](mailto:GabrielaGomez@dpss.lacounty.gov) or at (213) 432-7100.